

Menu Week 1

Monday

Cocktail Sausage Casserole with Rice and Veg

Veggie Chilli Mince & Soya beans, Rice & Veg ✓

Yoghurt selection & Fresh Fruit

Tuesday

Homemade Beef Cottage Pie with Veg

Vegetarian Lasagna -

Quorn, Spinach & Peppers with Veg ✓

Apple Crumble with Custard

Wednesday

Mild Chicken Curry with Rice and Veg

Cheese & Asparagus Quiche with Veg ✓

Jelly & Ice cream with sliced Peaches

Thursday

Homemade Pork Meatballs
& Spaghetti Pasta in sauce with Veg

Mixed bean Tortilla, with rice, grilled cheese

and Veg ✓

Apple Cake

Friday

Fish Cake with Potato Wedges & Veg

Creamy Macaroni Cheese Pasta with Veg ✓

Homemade Chocolate Pudding

Menu Week 2

Monday

Spaghetti Bolognese with Pork Mince & Veg

Creamy Potato Bake

(cheese & mushroom) with Veg ✓

Australian Cornflake Crunch

Tuesday

Creamy Chicken Pie with Mash or Rice & Veg

Veggie Pasty (pea, egg) with Soup and veg ✓

Apple Crumble and Custard

Wednesday

Beef Burger in a bun & Potato Wedges
with Salad on the side

Veggie Nuggets, Potato Wedges & Veg ✓

Vanilla Cake and Fresh Fruit

Thursday

Pork Sausage and Mashed Potato with Veg

Veggie Spinach, Lentil & rice Dolmades

In a creamy tomato sauce with Veg ✓

Fruit Pie with Ice cream

Friday

Fish Fingers with Wedges and Veg

Pasta in creamy Tomato Sauce with Veg ✓

Surprise Pudding

Menu Week 3

Monday

Chicken Nuggets & Potato Wedges with Veg

Veggie & Quinoa Grilled Burger

in a bun with Potato Wedges and Veg ✓

Jam Tart

Tuesday

Homemade Margarita Pizza & salad on the side

Roasted Tortilla (Tuna & Salmon, feta) and Veg ✓

Jelly and Ice cream with sliced Peaches

Wednesday

Homemade Beef Lasagna with Veg

Creamy Spaghetti with green beans & Veg ✓

Fruit Crumble with Fresh Cream

Thursday

Roast Pork Gammon with Roast Potatoes & Veg

Ham & Cheese Toastie and Roast Potatoes

Vegetarian Toastie (Peppers, Tofu & Cheese) ✓

Homemade Flapjack and Peach Slices

Friday

Sausage & Pasta in a Creamy Tomato Sauce

Vegetable Medley Pie with Rice & Veg ✓

Chocolate Cake with Chocolate Sauce

For any Dietary Requirements or Food Allergen Enquiries:

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